# **Receiving Holy Power:** Breath, Body, Spirit



# Southwestern Minnesota Synod Fall Theological Conference

September 25-27, 2022 Luther Crest Bible Camp, Alexandria MN

## **SUNDAY:**

4:30-6:30 p.m. – Check in Dining Hall Entryway
6:30 – Welcome Dining Hall
6:40 – Word and Prayer: Your Breath <i>(nefesh)</i> Rev. Dr. Rachel Wrenn
7:00 – Session 1, Rev. Dr. Nathan Swenson-Reinhold
8:30 – Stretch and Transition
8:45 – Evening Worship Dining Hall
Snacks and fellowship following worship.
MONDAY:
Breakfast will be provided for those staying overnight at Luther Crest. Those staying off site should have breakfast at their hotel or at a restaurant in town.
8:30 a.m. – Welcome Dining Hall
8:45 – Word and Prayer: Your Body <i>('ap)</i> Rev. Dr. Rachel Wrenn
9:10 – Session 2, Rev. Dr. Nathan Swenson-Reinhold
10:40 – Break and Move to the Chapel for Worship
11:00 – Service of Holy CommunionChapel
Noon – Lunch Dining Hall Please help staff bus your table after lunch. The conference resumes in the Dining Hall.
1:00 p.m. – Session 3, Rev. Dr. Nathan Swenson-Reinhold
2:40 – Word and Prayer: Your Spirit (ruach)
Rev. Dr. Rachel Wrenn
3:00 – Free Time

- 5:30 Optional Meal at Camp ...... Dining Hall
- 7:00 Bishop's Time ...... Dining Hall
- 8:30 Word and Prayer: God's Breath (nefesh) Rev. Dr. Rachel Wrenn
- Snacks and fellowship following Pr. Rachel.

#### Old-time & bluegrass pick up jam

#### **TUESDAY:**

Breakfast will be provided for those staying overnight at Luther Crest. Those staying off site should have breakfast at their hotel or at a restaurant in town.

8:45 a.m. - Word and Prayer: God's Body..... Dining Hall Rev. Dr. Rachel Wrenn

9:05 - Ministry Partners

9:30 - Session 4, Rev. Dr. Nathan Swenson-Reinhold

10:30 - Break

10:45 - Session 4. Rev. Dr. Nathan Swenson-Reinhold

- 11:15 Sending Worship ...... Dining Hall
- 11:45 On our way. Sack lunch provided.

## **SPEAKERS:**

Rev. Dr. Rachel Wrenn, Assistant Professor of Biblical Studies, Trinity Lutheran Seminary (Capital University) Rachel completed her candidacy here in Southwestern Minnesota and her first call was to Prairie Star Ministries.

> "Your Breath, Your Body, Your Spirit God's Breath, God's Body, God's Spirit"

The Bible expresses many ideas using body images: "my nose burned hot;" "their hands fell slack;" "she poured out her throat." We express many ideas using our bodies as well, though sometimes we may do so unconsciously. Rediscovering these biblical body images connects us more deeply to our own and to God's own body, a connection that can rejuvenate our spirits and our ministry.

Rev. Dr. Nathan Swenson-Reinhold, an ELCA pastor with 17 years of ordained ministry experience, a Coaching Consultant, and a Coach Trainer for the ELCA.

"Finding Holy Power in Powerless Times: Insights, groundings, and strategies for Christian leaders in challenging times"

We have all had the experiences recently of working through social, political, and religious situations where nothing we do as Christian leaders seems to move the mission before us forward and where we are criticized on all sides for any decisions we make. But even as the challenges around us ramp up, and the anxiety of the culture around us boils, there is a center and posture for our leadership that moves us from hopelessness to hopefulness. Come be inspired and empowered for the holy kingdom work that is before us all!



Southwestern Minnesota Synod Evanaelical Lutheran Church in America God's work. Our hands.